Heart 4 Souls Journey to Mount Shasta, CA

Please complete this form for each participant:

Name:_____

Address: _____

Phone: _____

Email Address: _____

All Allergies: _____

Vegetarian _____ Vegan _____ No Meats _____ No Dairy _____

Don't Eat: _____

Medical - Date/Last Major Condition: _____

Verifying ambulation: Journey involves walking, vans, stairs, uneven surfaces and high altitude. All travel is **NOT** easily handicapped accessible. Yes:_____

Emergency Contact: _____

Name, Phone #, Relationship: _____

TRAVEL INSURANCE OPTIONAL/RELEASE OF LIABILITY REQUIRED

Roommate Names: _____

Two rooms have capacity of three+ guests

Type of Payment: _____

Journey to Mt. Shasta, CA August 5th – August 9th, 2027 - $3,333

This form and a minimum deposit of $883 per person non-refundable are required to complete the registration. Second Payment $1,225 is due by February 15th, with a final payment of $1,225 due by May 15th, 2027.

Payments can be made by:

- Cash, Venmo (Judith-Weaver-7 Last #4930)
- Check: (Payable to Judi Weaver 76 Margaret Rd. Ormond Beach, FL 32176)
- Credit cards may be used through PayPal and Square; however, there is a 5% processing fee. An invoice will be emailed to you if chosen.

There is an additional travel form that will need to be filled out closer to travel date.

Use any Airlines and plan to arrive at Redding, California (airport code RDD). Transportation is provided to the Anna House Retreat Center with **arrival time in Redding before 9am August 5th. Return flight after 4:00pm (airport arrival at 2) on August 9th, 2027.** Early Hotel option provided.

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WELCOME - This will be an amazing small group once in a lifetime journey!

What is included

This is a turnkey operation, as I have hired a team of highly qualified and licensed professionals to ensure all is coordinated for your exceptional exploration and spiritual development experience!

Transfers to and from Redding Airport - The Redding Airport code is RDD. Travelers will be picked up as a group at one time and returned to the airport/Hotel as a group. Arriving on Thursday, August 5th 9am, and departing on Monday, August 9th. Plan your return flight after 4:00pm, we will plan to have you at the airport by 2pm on August 9th, 2027.

Meals (Private Chef)

Breakfast and dinner Resort meals will be provided during your stay. Breakfast may include yogurt, fruits, oats, bread, cheese, eggs, juices, coffee, and tea. Dinner will include vegetables, rice, beans, pasta, potatoes, bread, cheese, foul and fish.

Accommodations

We have booked a private resort; Anna House Retreat Center, and the journey rates are based on double occupancy per room. There are two rooms that can house three guests. Private rooms may be requested, at a different rate.

All rooms have access to a bathroom and hot water. A community Sauna, Hot tub, two outdoor patios overlooking Mt. Shasta.

Transportation (Private Driver)

Group coordinated transportation to and from the Redding Airport, Anna House Retreat Center and scheduled group activities.

Wilderness Guide & Shaman

We have a private professional and licensed

What is not included

Meals out during travel time. Airfare to and from Redding. Shopping 😊

Anna's House Retreat Center Amenities

Anna House Retreat Center sits at the base of Mount Shasta with a completely unobstructed view of its full majesty. Experience the surreal sanctuary of the Anna House Retreat Center. Enjoy your rejuvenating stay at this peaceful location with cozy rooms, meditations spaces, labyrinths and majestic views honoring Mount Shasta.

This sacred space includes a two-story home (3300+ sqft), curated with intentional and heart centered design for family and community gatherings.

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We will be renting the entire building of Anna House. Meaning that when you are here, our group has private access to the entire property.

Eleven acres with a lavender labyrinth & Meditation Walk; Intimate design for connection & solitude; Fully furnished kitchen and kitchenette; Outdoor gathering restorative spaces with a hot tub; Extraordinary sunrise/sunset views & cosmic stargazing; Hummingbirds, wildlife, desert fauna, and tangible Earth energies. Anna House Website: https://www.annahouseretreat.com/.

Mount Shasta

Mount Shasta, standing at 14,179 feet, is in Siskiyou County, California, and is notable for being the second-highest peak in the Cascade Range and the most voluminous volcano in the Cascade Volcanic Arc. The area attracts around 26,000 visitors annually who often become enamored with the region, highlighting its natural beauty and the allure of the Shasta–Trinity National Forest that surrounds it.

The energies of the mountain are known to call seekers, and within the spiritual community it holds a great significance and is known as the "Root" or "7th Chakra" of the World. History is steeped in folklore such as the legend of Telos beneath Mount Shasta captures the imagination with its tales of the Lemurians, descendants of the mythical lost continent of Lemuria, who are said to have survived a catastrophic fate and established a hidden city. Descriptions of these supposed Lemurian inhabitants include striking features such as towering heights, long hair, and ethereal clothing, lending an air of mystique to the region. As reports of these figures occasionally surface, the lore surrounding Telos reflects a blend of spirituality, ancient history, and the allure of secret civilizations, fueling curiosity and exploration in Northern California.

I understand this legend and the truth of it within my own spiritual experience! This exclusive opportunity promises to transform your understanding of self and the universe as you engage with profound teachings channeled through a skilled medium, and Doctor of Metaphysics & Healing. Through this unique experience, you'll embark on a journey that deepens your awareness, allows for personal growth, and connects you with higher dimensions of wisdom, ultimately changing the way you perceive reality. Thereby, creating a new world for you!

Activities

Local Shaman & Guide
Sound Healing Meditations
Lake Shasta Caverns
Lake Shastina
Sacramento Head Water Blessing
Mount Shasta - Panters Meadows
Lower Bowl - Upper Bowl
Castle Lake
Waterfalls – Hedge Creek
Castle Crags
Stargazing / UFO Viewing
Sunset Ceremony
Despacho Ceremony
Spirit Message Circle
Labyrinth Walk

Additional information will be made available through emails and Zoom group gatherings to answer questions and provide additional details of this amazing adventure.

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